Entertaining SERVICES



Get the PARTY started!

We've made entertaining a breeze, from start to finish!

PARTY CHECKLIST

Don't forget anything! We can help you with all those last-minute requirements to make your event or party perfect. Remember to visit our Floral Department to add just the right finishing touch!

- Selection bottled water
- Irresistibles sparkling/ carbonated water
- Selection soft drinks
- o Ice
- Paper dinner plates
- Paper dessert plates
- o Plastic cutlery
- Irresistibles buns and bread

- Plastic cold cups
- Paper hot cups
- Selection serviettes
- Birthday candles
- Condiments
- Serving utensils
- Matches/lighters
- Selection paper towels
- Cake knife/server

- Tablecloth
- o Irresistibles coffee/tea
- Milk/cream/sugar
- o Irresistibles juices
- Camera/video camera
- Fresh flowers

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- Black Forest Ham
- Home-Style Roast Beef
- Classic & Oven Roast Turkey
- Montreal Smoked Meat

 Garnished with Olives Small Serves 8 to 10 - D5S

Large Serves 11 to 16 - D5L



ANTIPASTO PLATTER

Crowd Pleaser

- Large Green & Kalamata Olives
- Roasted Red Peppers & Hot Peppers
- Gherkin Pickles
- Bocconcini Cheese
- Artichoke Hearts

Serves 8 to 12 - **D7**



PREMIUM OLIVE PLATTER

For the Olive Lover

- Stuffed Green Olives
- Black Olives
- Kalamata Olives
- Spicy Green Olives • Roasted Red Peppers

Serves 12 to 16 - **D8**

CLASSIC MEAT & CHEESE COMBO

Perfect for Sandwiches or Snacking

• Cheddar, Marble & Swiss Cheese

• Sliced Hungarian & Spicy Salami

Black Forest Ham

Serves 8 to 12 - **D4**

Roast Beef

Home Style Turkey

DELI DELIGHTS

SNACK DELIGHT

Something for Everyone

- Summer Sausage
- Extra Lean Kolbassa
- Polish Sausage
- Creamy & Jalapeño Havarti
- Marble & Medium Cheddar

Small Serves 8 to 10 - D3S Large Serves 11 to 16 - D3L



MEDITERRANEAN PLATTER

Perfect for Snacking & Dipping

- Your Choice of 3 Hummus Flavours
- Mixed Olives
- Hungarian Salami & Kolbassa
- Cheddar & Marble Cheese
- Sliced Pita Bread

Serves 8 to 12 - **D6**



The Authentic Tastes of Italy

and good friends

- Mortadella & Capicollo • Prosciutto & Genoa Salami
- Provolone Cheese
- Mixed Olives

DELI DELIGHTS

Chee

Begin the festivities with a selection of nibbles to get the evening off to a delicious start,

then add your favourite deli platters to turn any gathering into a impromptu feast.

• Fire Roasted Red Peppers

Serves 8 to 10 - **D1**



ARTISAN RUSTICA BOARD

Impress Your Guests

- Prosciutto & Olives
- Parmigiano Reggiano
- Rain Coast Crackers • Roasted Red Peppers
- Dry Salami & Apricots

Serves 8 to 10 - **D2**

DON'T FORGET FLAVOURFUL CONDIMENTS Everyone loves deli meats, especially when they're served with flavour-boosting condiments like grainy mustard, gourmet relish, spicy mayonnaise or creamy horseradish. Don't forget the bread, baked fresh daily in our bakery, like our Irresistibles baquette or ciabatta buns.





AROUND THE WORLD **CHEESE PLANK**

Travel The World at Your Next Party

- Le Gruyère Swiss
- Aged British Cheddar
- British Cranberry Cheese
- Cambozola Blue
- Dried Fruit & Nuts

Serves 4 to 6 - CP3



CREAMY PARTY PLEASER CHEESE PLANK

Includes Some of Our Best Selling Cheeses

- Imported Brie
- Danish Cream Cheese
- Extra Old Balderson Cheddar
- Blue Stilton & Saint-Paulin
- Waterthins Crackers

Serves 4 to 6 - CP4



GOURMET CHEESE PLANK

Something for Everyone

- Double Cream Brie
- Creamy Blue Cheese • Smoked Gouda
- Irresistibles Goat Cheese
- Seasonal Fruit

Serves 4 to 6 - CP5



VISIT THE CHEESE DEPARTMENT TO FIND:

Irresistibles Brie



Irresistibles Aged Cheddar



Choose a variety of local or imported cheeses along with some fruit, nuts, crackers and bread to get your guests to the table. Add some wine, and you have a real celebration.



CLASSIC STARTER CHEESE PLANK

A Sampling of Several Unique Cheeses

- Iberico Cheese
- Sartori BellaVitano
- Extra Old Balderson Cheddar
- Irresistibles Goat Cheese
- Waterthins Crackers & Grapes

Serves 4 to 6 - CP1



SWEET & NUTTY CHEESE PLANK

Rich & Robust

- Parmigiano Reggiano
- Sartori BellaVitano
- Anco Gouda
- Irresistibles Goat Cheese
- Red Grapes

Serves 4 to 6 - CP2



CHEESE SENSATION

A Cheese for Every Taste

- Double Cream Brie
- Creamy Blue Cheese
- Mild Gouda & Canadian Swiss
- Marble Cheddar & Havarti
- Red & Green Grapes

Small Serves 8 to 10 - CP6S Large Serves 11 to 16 - CP6L



FRUIT AND CHEESE PLATTER

Great Addition to Any Party

- Fresh Strawberries
- Cantaloupe & Honeydew
- Red & Green Grapes
- Havarti Cheese
- Mild & Marble Cheese

Small Serves 8 to 10 - CP7S Large Serves 11 to 16 - CP7L



SURPRISE YOUR GUESTS





- Served on White Panini Buns
- Turkey, Chicken & Roast Beef
- Topped with Lettuce & Cheese
- Served with Irresistibles Kettle Chips

Serves 8 to 10 - **S1**



THE DELUXE SANDWICH PLATTER

One of Our Classics

- A variety of handmade sandwiches
- Roast Beef, Black Forest Ham
- Roasted Turkey
- Egg Salad
- Available on White or Whole Wheat

Serves 10 to 12 - **S2**



THE ENTERTAINER

Taking Sandwiches to the Next Level

- Croissants with Ham & Havarti
- Ciabatta Buns with Roast Beef & Swiss
- Baguettes with Chicken & Salami

Small Serves 8 to 10 - S3S Large Serves 11 to 16 - S3L



WRAP DELIGHT

All Wrapped Up

- Premium Hand Made Wraps
- · Ham & Cheddar
- Roast Beef & Swiss
- Turkey & Havarti

Serves 8 to 10 - **S4**



FINGER SANDWICHES

A Must Have for Any Party

- An Assortment of Sandwich 1/4's
- Chicken Salad, Egg Salad
- Salmon Salad, Tuna Salad

Serves 10 to 12 - **S5**



PINWHEEL SANDWICHES

Premium Wraps in Easy to Eat Bites

- Turkey, Bacon & Avocado
- Roast Beef & Red Pepper
- Black Forest Ham & Havarti
- All topped with Mayonnaise

Serves 10 to 12 - **S6**



SIGNATURE PANOUZZO TRAY

Exclusive to Metro

- Unique Panouzzo Bread
- Great Club with Turkey, Bacon, Lettuce
- Classic Italian with Premium Italian Meats

Serves 8 to 10 - **S7**



VEGGIE WRAP PLATTER

A Lighter Choice

S8

- Premium Flour Tortillas
- 2 Varieties of Vegetarian Wraps
- Kale & Quinoa Blend with Hummus
- Roasted Vegetables with Feta
- Carefully arranged and garnished



HOT & READY TO EAT

1 TOPPING 16" X-LARGE

Serves 4 to 6

3 TOPPING 16" X-LARGE

Serves 4 to 6

DOUBLE PIZZA COMBO

2x 3 topping X-Large Serves 4 to 6

PERSONAL 10" PIZZA

PLACE YOUR ORDER TODAY. See back page for details.

Up to 3 toppings Serves 1 to 2

FRESH TOPPINGS

Choose from:

CHEESE: mozzarella cheese, feta cheese

MEATS: sliced pepperoni, ham, bacon strips, crumbled bacon, sausage, ground beef, chicken strips

VEGETABLES: sliced green or black olives, sliced tomatoes, green or red peppers, mushrooms, pineapple, onions, broccoli, sliced hot peppers, roasted red peppers

CRUST: original white, whole wheat, sundried tomato, rosemary garlic

BAKE AT HOME

PIZZA

- Oktoberfest pizza
- Sweet-spicy chicken pizza Pulled pork pizza
- Cheese burger pizza
- Italian pizza
- Tomato-basil pizza
- Classic pepperoni pizza

Serves 3 to 4

FOCACCIA TOSCANA

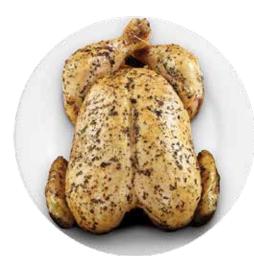
- Classic tomato
- · Olive & Onion
- · Potato & onion

Serves 4 to 6

See separate sheet for prices.

If the number of guests is overwhelming, count on us to help you. Be it the main course or side dishes, the most important element will always be convenience.





SKINLESS HERB BBQ CHICKEN Serves 3 to 4



MAMMOTH CHICKEN Serves 3 to 4



PORK LOIN ROAST WITH POTATOES

Rosemary pork loin roast, roasted parisienne potatoes Serves 3 to 4



BLACK FOREST HAM WITH POTATOES

Mini black forest ham, roasted parisienne potatoes Serves 3 to 4

















H10





Serves 6 - H5



Serves 8 **- H1**

WINGS

BREADED CHICKEN

Serves 6 - H6

BEEF ARANCINI BALLS

Serves 12 - **H11**

LARGE BEEF LASAGNA Serves 6 - **H16**

MASHED POTATOES

Serves 6 to 8 - **H21**

(Not shown)

POACHED SALMON Serves 6 - **H17**

SCALLOPED POTATOES

(Not shown) Serves 6 to 8 - **H22**

COOKED RAPINI WITH CHILI FLAKES Serves 6 to 8 - **H3**

Serves 6 to 8 - **H2**

H17

PARMESAN ROASTED

GARLIC POTATOES

WITH BACON

SAUCED CHICKEN WINGS RICE PILAF Serves 6 - H7 Serves 6 to 8 - **H8**

CHORIZO, VEGETABLE **VEAL PARMIGIANA** OR BEEF EMPANADAS CUTLETS

Serves 6 to 8 - **H12** Serves 6 - **H13**

> RICE CAKES WITH ASIAGO **CHEESE AND ARTICHOKES**

Serves 12 - H18

Serves 6 to 8 - **H23**

MASHED SWEET POTATOES (Not shown)

PANKO PARMESAN **GOURMET COLESLAW** CHICKEN

Serves 10 - **H4**

CUTLETS

SAUCE

Serves 6 - **H14**

RIGATONI WITH MEAT

Serves 6 to 8 - **H19**

GREEK PASTA SALAD

H19

Serves 10 - **H9** Serves 6 to 8 - **H10**

CHICKEN PARMIGIANA BREADED CHICKEN TENDERS

Serves 6 - **H15**

HONEY ROASTED ROOT VEGETABLES

Serves 6 to 8 - **H20**

PENNE IN TOMATO SAUCE



FRESH CUT FRUIT PLATTER

Fresh Cut & Ready to Eat

- Strawberries
- Watermelon
- Cantaloupe
- Honeydew
- Pineapple

Serves 15 to 20 - FT1

Watermelon

Cantaloupe

 Honeydew Pineapple

Serves 5 to 7 - FT4

Strawberries & Blueberries



FRESH CUT FRUIT CAROUSEL

Fresh Cut & Ready to Eat

- Strawberries
- Watermelon
- Cantaloupe • Honeydew
- Pineapple

Serves 6 to 8 - FT2



MELON PLATTER

Light and Refreshing

- Sliced Honeydew
- Sliced Cantaloupe • Fresh Strawberries

Serves 5 to 7 - FT3



FRESH CUT VEGETABLE PLATTER

Fresh Cut & Ready to Eat

- Celery Sticks, Grape Tomatoes
- Baby Carrots, Cucumbers
- Cauliflower & Broccoli Florets
- Peppers
- Dip

Serves 10 to 15 - VT1



FRESH CUT VEGETABLES

FRESH CUT VEGETABLE CAROUSEL

* Subject to seasonal availability

Fresh Cut & Ready to Eat

- Cauliflower Florets
- Broccoli Florets
- Baby Carrots
- Celery Sticks
- Cucumber

Serves 6 to 8 - VT2



FAMILY OR PARTY SIZE SALADS

Fresh Salads for any Size Gathering

- Greek*
- Garden
- Simply Garden*
- Caesar*

Family size salads: Serves 3 to 5 - VT3F Party size salads*: Serves 8 to 12 - VT3P

SEASONAL VEGGIE TRAYS



- choice of dip. Daisy Tray
- Butterfly Tray
- Owl Tray
- Soccer Tray*
- Hockey Puck Tray*
- Snowman Tray*
- Pineapple Tray

Serves 5 to 7



* Subject to seasonal availability

SEASONAL FRUIT TRAYS

Seasonal trays, exclusive to Metro, are a great way to add to a themed event and a great addition to kids' parties – strawberries, watermelon, cantaloupe, honeydew and pineapple.

- Daisy Tray
- Butterfly Tray
- Owl Tray
- Soccer Tray* Hockey Puck Tray*
- Snowman Tray*
- Pineapple Tray

Serves 5 to 7

CHOCOLATE PLEASE!

No time to whip up dessert? No problem! Chocolate fondue is always a hit. Visit metro. ca to discover our simple recipe for fondue. For a grown-up fondue, stir in one tablespoon of brandy or liqueur - Amaretto, Tia Maria or Kahlua. Transfer to your fondue set to keep warm. Serve with: cake cubes; marshmallows and a selection of pre-cut fruit; conveniently prepared for you in our Produce Department.

See separate sheet for prices





PUMPERNICKEL TRAY WITH DIP

Great for Entertaining • Pumpernickel bread

- Spinach Dip
- Serves 8 to 10 VT4



We offer a wide selection of cakes ideal for any sort of gathering. Made with the finest ingredients our cakes appeal as much to youngsters as discerning foodies. Our cakes can be served at a celebration, coffee break or swanky dinner party.

SIGNATURE CAKE

RED VELVET CAKE

Serves 12 to 15 - C1

FRONT STREET BAKERY JAMOCHA ALMOND CRUNCH CAKE

Serves 12 to 15 - C2

FRONT STREET BAKERY SWISS CHOCOLATE TRUFFLE CAKE

Serves 12 to 15 - C3



FRONT STREET BAKERY GOURMET BANANA CAKE

Made with cream cheese icing Serves 12 to 15 - **C4**

FRONT STREET BAKERY STRAWBERRY SHORTCAKE

Made with 35% cream Serves 12 to 15 - **C5**

FRONT STREET BAKERY STRAWBERRY CHEESECAKE

Serves 12 to 15 - **C6**

BLACK FOREST CAKE

1/4 slab, made in store Serves 15 to 20 **- C7**

KEEPSAKE CELEBRATION CAKE

It's easy as 1, 2, 3!

- 1) Choose your cake & filling
- 2) Choose your icing
- 3) Choose your ornament from over 30 varieties: Frozen, Star Wars, Disney princesses, Spiderman, Minions Serves 15 to 20 - C8



BUILD A CAKE

PHOTO CAKE

Bring your favourite photo!

Selected stores only
Serves 15 to 20 - **C9**



SWEET PLATTERS



FRONT STREET BAKERY PASTRIES - MADE WITH NUTELLA® PLATTER

Nutella Delights for Everyone

- Danishes
- Café Croissant
- Chocolate Muffins
- All Made Using Nutella®

Serves 20 - **SP1**



FRONT STREET BAKERY **ULTIMATE DESSERT PLATTER**

Something for Everyone

- Chewy Brownies
- Mini Cream Puffs
- Fruit Custard Tarts, mini Butter Tarts
- Nanaimo Bars, Caramel Rage Bars





FRONT STREET BAKERY **BREAKFAST PLATTER**

Meetings, Brunch or Even Dessert

- Macaroons
- Chocolate Brownie Bites
- Flaky Pastry Bites
- Mini Tarts
- Front Street Bakery Gourmet Cookies

Serves 40 to 50 - **SP2**



IRRESISTIBLES 100% ALL-BUTTER PASTRIES PLATTER

Exclusive to Metro

- Made with 100% All Butter
- Croissants
- Chocolatines
- Raisin Brioches



FRONT STREET BAKERY **MINI DESSERT SELECTION TRAY**

FRONT STREET BAKERY GOURMET COOKIE PLATTER

• Chocolate Chip with Pecans

• White Chocolate Macadamia Nut

Delicious and Sweet

• Chocolate Chunk

• Double Chocolate

Serves 40 to 50 - SP3

• Oatmeal Raisin

The Perfect Way to End a Meal

- Chocolate Tarts
- Lemon Tarts
- Mochaccino Cream Puffs
- Caramel Cream Puffs

Serves 10-12 - SP6





FRESH & EASY

Our delectable fresh fruit platters can transform a simple plate of croissants into an impromptu brunch, creating an impressive dessert table. See page 13.



Spoil your guests with delectable treats from the sea. A line-up of white Pacific shrimp, smoked salmon and crab style seafood are sure to be scooped up, drizzled with lemon or dipped in cocktail sauce.



SOUTH PACIFIC PLATTER

For all Parties, Large and Small

- Pacific White Shrimp
- Irresistibles Seafood Sauce
- Over 120 Shrimp

Serves 10 to 15 - ST3



ULTIMATE SEAFOOD PLATTER

Something for Everyone

- Large Shrimp
- Premium Atlantic smoked Salmon
- Cream Cheese
- Capers
- Irresistibles Seafood Sauce

PARADISE ISLAND PLATTER

For all Parties, Large and Small

- Pacific White Shrimp
- Irresistibles Seafood Sauce
- Over 40 Shrimp

Serves 4 to 5 - ST1



TOP DECK PLATTER

Impress Your Guests

- 2 lbs of Extra Large Cooked Shrimp
- Irresistibles Seafood Sauce

Serves 7 to 10 - **ST4**



SHUCKED OYSTER TRAY

We've Done the Work for You!

- 18 ready to eat shucked choice oysters
- Lemon wedges
- Irresistibles Seafood Sauce

Serves 4 to 6 - **ST7**



TROPICAL DELIGHT PLATTER

For all Parties, Large and Small

- Pacific White Shrimp
- Irresistibles Seafood Sauce
- Over 80 Shrimp

Serves 7 to 10 - **ST2**



DEEP SEA DUET PLATTER

A Perfect Pairing

- Pacific white shrimp
- Crab-style seafood
- Irresistibles Seafood Sauce

Serves 8 to 12 **- ST5**



ALASKAN SNOW LEGS & SHRIMP PLATTER

A Real Crowd Pleaser

- One pound of Alaskan Snow Legs
- One pound of large cooked white Pacific Shrimp
- Irresistibles Seafood Sauce

Serves 10 to 12 - **ST8**

Metro offers Sushi Platters that are great for entertaining and sharing! We offer varieties that contain tasty Maki Rolls and Nigiri Sushi. Each platter contains wasabi, ginger, chopsticks and soy sauce.

Selection varies by store.



ASSORTED MAKI PLATTER

40 pcs - **SH1**



MEGA MAKI PLATTER

59 pcs - **SH3**



MAKI NIGIRI PLATTER

33 pcs - **SH2**



MEGA MAKI NIGIRI PLATTER

53 pcs **- SH4**



VISIT THE FROZEN SEAFOOD DEPARTMENT TO FIND:

Irresistibles coconut Shrimp pop with Sauce



Irresistibles Crab cone with Sauce



Irresistibles Tempura Shrimp



Irresistibles Shrimp Trio

Irresistibles Torpedo Shrimp





A CENTREPIECE

Choose a turkey, a roast beef or any other show-stopping favourite – and build from there. Our expert butchers are always on hand to help you plan the perfect timing to cook your roast, suggest recipes or simply help you determine which portion size is ideal to feed your guests.





PLATINUM GRILL BEEF TENDERLOIN

100% Canadian beef, cut from Canada AAA or higher, Angus beef, aged a minimum of 14 days.



PORK RIB ROAST

Easy to carve, pop up timer for perfect results.



IRRESISTIBLES SEASONED TURKEY

Seasoned for perfect results, cook from frozen.



STUFFED CHICKEN BREAST ROAST

Easy to carve, pop up timer for perfect results, seasoned and stuffed.



PRIME RIB PREMIUM OVEN ROASTED

Easy to carve, pop up timer for perfect results.



STUFFED TURKEY BREAST ROAST

Easy to carve, pop up timer for perfect results, seasoned and stuffed.



MADE IN STORE



STUFFED BUTTONS MUSHROOMS

White button mushrooms, stuffed with mild sausage meat.



SAUSAGE APPETIZERS

Mild barese sausage.



STUFFED MINI PEPPERS

Mini sweet peppers, stuffed with mild sausage meat.



SELECTION OF STUFFED POTATO SKIN

Cheese & bacon. Serves 2

FROZEN APPETIZERS



IRRESISTIBLES CHEESE STICKS

Restaurant style, made with part skim Mozzarella cheese, with marinara sauce dip. Serves 7



IRRESISTIBLES PARTY PACK PUFF PASTRY

Puff pastries, party pack, 3 varieties: buffalo chicken, cheeseburger or pepperoni pizza. Serves 7



ANGUS BEEF MEATBALL

Fully cooked. Serves 8



LEAN BEEF MEATBALLS

Fully cooked, Italian style, 50% less fat than Irresistibles Italian style pork and beef meatballs. Serves 7





CUSTOM MADE ORNATE ARRANGEMENT









GERBERA BOUQUETS Assorted colours and sizes

INTERMEDIATE ROSES - FAIRTRADE Assorted Colours, 10 stem bunch

MIXED BOUQUETS Assorted varieties garanteed to last 10 days





PREMIUM ORCHIDS

5" ceramic pot - Assorted colours



Bringing flowers is the ideal gift for your favourite host or hostess. You can also treat yourself to a nice bouquet for your own party.

For weddings, birthdays, showers, graduations, proms, anniversaries, funerals, sympathies, holidays or just because...

Make it perfect with

SIGNATURE FLORAL

22

Assorted colours



MAKE YOUR CELEBRATION BETTER WITH OUR IRRESISTIBLES PRODUCTS



IRRESISTIBLES CRACKERS ASSORTMENT



IRRESISTIBLES CRISP CRACKERS, THINS, WATER CRACKERS, MELBA ROUNDS, ETC



24

150g



IRRESISTIBLES ORIGINS OLIVE OIL

Product of Spain, California, Greece or Chile 350mL



IRRESISTIBLES FLAVOURED DIPPING OILS

Basil, lemon, chili garlic or balsamic herb 250mL





IRRESISTIBLES SALAD DRESSING 475mL



IRRESISTIBLES OLD STYLE DIJON MUSTARD 500mL



IRRESISTIBLES SALSA



IRRESISTIBLES CRANBERRY COCKTAILS/BLENDS 1.89L



IRRESISTIBLES ICE CREAM 1.5L



IRRESISTIBLES DEVON CUSTARD DESSERT OR RICE PUDDING 400g



IRRESISTIBLES EUROPEAN BISCUIT TIN





IRRESISTIBLES EGG NOG

SEASONAL SECTION (AVAILABLE OCT.-DEC.):



IRRESISTIBLES PECAN CLUSTERS 400g



IRRESISTIBLES TRUFFLES 200g



IRRESISTIBLES SCOTTISH SHORT BREAD

150g

Too busy to plan a party? Let us get the ball rolling. These packages are suited to a variety of occasions from a fancy feast to party.



LUNCH ON THE GO

- Wrap Tray
- Irresistibles Salad Dressings
- Garden Salad

- Gourmet Cookie Tray
- Fruit & Cheese Platter



CELEBRATION PARTY

- Fruit & Cheese Platter
- Vegetable Platter
- Deluxe Sandwich Tray
- Snack Delight Tray

PP2

- Your Choice Of 2 Deli Served Salads (See Store for details)
- 1/4 Slab Signature Cake or Build A Cake



IRRESISTIBLES SMALL BASKET

- Irresistibles Shortbread
- Irresistibles Herbal Tea
- Irresistibles Water Crackers
- GI1
- Irresistibles Chocolate Bar
- Irresistibles White Wine Vinegar
- Irresistibles Dijon Mustard



IRRESISTIBLES MEDIUM BASKET

- Irresistibles Tin Cookies
- Irresistibles Chocolate Bar
- Irresistibles Herbal Tea
- Irresistibles White Wine Vinegar

• Irresistibles Short Bread

WINE PAIRING TIPS

Light red wines, such as a Beaujolais, pair well with cold cuts.

CHEESE

Instead of the often recommended red wine, try white wine with cheese, especially when eating soft rind cheese and goat cheese

POULTRY

Instead of a predictable white wine, why not a light-bodied red wine such as pinot noir with chicken, duck, quail or guinea hen?

WHITE FISH

An unoaked Chardonnay pairs wonderfully with fish such as halibut, sea bass, sole and

SMOKED FISH

Opt for a lightly-oaked Chardonnay with smoked fish, especially smoked salmon.

SPICY DISHES AND CURRIES

Thai, Indian, and Chinese dishes come to life when paired with a fruity Riesling or Gewürztraminer.

Try a dry sparkling wine for sushi, and for a special occasion, make it Champagne.

A medium-bodied red wine such as Côtesdu-Rhone, or New World pinot noir work well with pork. If you are serving it with a fruity sauce, try a full-bodied Chardonnay.

BEEF

Reach for a full-bodied red such as Bordeaux for roast beef. For steak, a New World Cabernet-Sauvignon or Spanish Rioja is hard to beat.

WILD MEATS LIKE BISON, **BOAR OR DEER**

The woodsy, animal-like flavours in a syrahbased wine (shiraz in Australia) work wonders with wild meats.

DESSERTS

Ruby Port or Banyuls pair well with chocolate desserts. For pecan pie, a tawny port or Madeira would be ideal.



WHY NOT BEER

Wine is the traditional alcoholic beverage of choice with fancy meals but why not give beer a go? Not only does it pair beautifully with cheese, beer also works well with spicy and fried food, stews, curries and sausages. With that gourmet burger, beer is hard to beat!



Please note: We require a minimum of 48 hours notice to allow for coordination and preparation of our fresh food items. All items shown are subject to change without notice. Items outlined in this brochure are available at Metro locations in Ontario only. Not all items are available at all locations. Some illustrations do not necessarily represent items on sale and are for design or suggested serving only.

